ticsan. A DAY IN TUCSAN

Sunrise in Sabino Canyon

The very best mornings in Tucson are ones where your feet hit one of the many hiking trails surrounding the city. Sabino Canyon is a Tucson gem! You can walk the paved road 2.3 miles back into the stunning canyon, with impressive rock formations and flowing waterfalls most of the year. As you turn around at the top of the trail, the entire Tucson valley unfolds below you. Sunshine peaks through the jagged rocks, and illuminates the towering Saguaro. Keep your eyes peeled, you may see a Roadrunner or Coyote.

Morning at the Mercado

Start your morning off on the right at the Mercado San Agustin. Pick up your morning coffee from Presta and buy a box of Mexican pastries and donuts from the infamous La Estrella. Sit and enjoy your morning in the outdoor plaza, or take a stroll across the street to the MSA Annex and explore a collection of local Tucson shops.



Lunch on the patio at Tohono Chul Park

This impressive botanical garden is a local favorite for breakfast and lunch. Surrounded by lush vegetation planted to attract a multitude of hummingbirds, your lunch may include ingredients indigenous to the Sonoran desert, like Cholla Buds, Prickly Pear, and Chiltepin Peppers. This ethereal and enchanting experience will leave you longing to linger, if time permits, take a tour of the park, and discover some amazing art discretely tucked amongst the flowers, trees, and cactus.



Explore the Arizona-Sonora Desert Museum

This is Tucson's must-see attraction. Visitors from around the world have made this the 2nd most popular attraction in the state of Arizona (2nd only to the Grand Canyon). You'll be amazed to discover the desert plants and animals in their native habitat. Part zoo, part botanical garden, and all out fun, around every corner you'll discover something new. Enjoy watching hummingbirds fly around you in the hummingbird aviary, or take in an impressive raptor flight.



Meet the Mission — San Xavier del Bac Mission

This Tucson treasure is rich in history and culture. The mission was established in the 1600's as part of the mission trail, and the church was built in the 1700's. It remains a working church to this day. Recent restorations of the interior frescos allow you a glimpse of another time and era. San Xavier Mission is considered the best preserved example of mission architecture in all of the Americas! After touring the church, museum, and gift shop, make sure you stop for some fresh fry bread (sweet or savory). The mission sits on the Tohono O'odham tribe's land and they are the guardians of the mission for all future generations to enjoy.





Explore Off the Beaten Path

Now it's time to kick back and let someone else do the driving, with a jeep tour through the Sonoran Desert. This jeep tour will take you into the heart of the desert, where you'll discover pottery chards on the ground that are over 10,000 years old, and ancient petroglyphs. What were the ones before us trying to communicate? Your guide will share some of the deserts deepest secrets as you wind your way through the towering cactus forest.

A Sonoran Sunset — Gates Pass, Tucson Mountain Park

Your day concludes at Tucson Mountain Park to watch the sunset over the horizon. If only you had more time! What did you discover about this unique city and more importantly about yourself? So much more to find out, you'll just have to spend another day (or two or three or more) It's that special! You will leave Tucson better than when you arrived. Relaxed, rejuvenated, and ready to take on any challenge sent your way!



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FREE YOURSELF.